Generating in vitro exhausted T cells

From Scharping et al., Mitochondrial stress induced by continuous stimulation under hypoxia rapidly drives T cell exhaustion. *Nature Immunology* (2021).

Protocol:

D0

Isolate CD8⁺ T cells from mouse spleen and lymph nodes by sorting CD44^{hi} CD8⁺ T cells. To activate, place 20,000 T cells per well in a round bottom plate with 20,000 CD3/CD28 dynabeads (Fisher Cat 11-453-D, washed according to manufacturer's instructions) + 25U/ml mouse IL-2 (Peprotech Cat 212-12) and 10ng/ml IL-12 (Peprotech Cat 210-12) in 200uL complete RPMI+10% serum (named R10 hereafter). Allow 24hr for activation in normoxia (normal incubator, atmospheric oxygen).

D1

- After 24hr, recombine all cells and use a magnet (we use Fisher Cat 12-301-D) to remove all dynabeads. Now place cells into various conditions:
 - Acute activation (no dynabeads) in normoxia (normal incubator, atmospheric oxygen) and hypoxia (1.5% oxygen, hypoxia chamber BioSpherix, ProOx Model C21)
 - Continuous activation (add back washed dynabeads) at a 10:1 bead:cell ratio in normoxia and hypoxia (200,000 beads with 20,000 CD8⁺ T cells)
- Continue culturing groups of cells in 200uL R10 + 25U/ml mouse IL-2 in round bottom plates.

D2

Add 100ul R10 + 25U/ml mouse IL-2 to all wells

D3

 Divide all groups in half by pipetting 150ul (of 300ul well) into a new well (now have double the wells per group). Spin down all cells in centrifuge, and flick off old media. Give all groups 300uL fresh R10 + 25U/ml mouse IL-2. For continuous stim groups, add additional beads to maintain the same number of beads per well.

D4

Leave cells alone

D5

 Divide all groups in half by pipetting 150ul (of 300ul well) into a new well (now have double the wells per group). Spin down all cells in centrifuge, and flick off old media. Give all groups 300uL fresh R10 + mouse 25U/ml IL-2. For continuous stim groups, add additional beads to maintain the same number of beads per well.

D6

 Remove beads and assay cells to determine exhaustion, e.g. co-inhibitory marker staining and restim for cytokine production.